

COVID-19 Procedures & Protocol

2021-2022

St. Joseph Catholic School
Wenatchee, WA



***Procedures & Protocol are subject to change at any time based on CDC & state and local health department directives, diocesan directives, or school directives.**

EXPECTATIONS

Face Masks: Well fitting cloth or disposable face masks with at least two layers will be required for all parents, staff, faculty, and students in the school building, regardless of vaccination status. Kids should have masks with a flexible piece at the bridge of the nose to ensure the best fit. Masks do not need to be worn outside or while eating meals. *-Due to the circulating and highly contagious Delta variant, CDC recommends universal indoor masking by all students (age 2 and older), staff, teachers, and visitors to K-12 schools, regardless of vaccination status.-CDC*

Quarantine After Air Travel: For all who are unvaccinated, plan to quarantine following air travel for 7 days and test for COVID-19 on day 5 after return. Students can return to school on day 7, if the test result is negative and they do not have any COVID-19 symptoms. PLEASE DO NOT plan unnecessary air travel that will require your student to miss at least one week of school, as school absences have been proven to have a negative impact on educational success.

After you travel:

- Get tested with a [viral test](#) 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.-CDC

Communication: Please communicate with the school office staff and nurse about any COVID-19 symptoms, close contacts with people who test positive for COVID-19, and if anyone in your family is waiting for a COVID-19 test result.

Family Notifications

All school families will be notified if a student at the school tests positive for COVID-19. If the student is in your child's class, you will get a separate notification of this. In order to follow privacy guidelines, names will not be given. Please do not inquire about who the student is.

Remote Learning Plan

Grades Preschool-1: Basic materials and a general schedule will be provided. No remote learning will be offered unless otherwise arranged with teachers and administration.

Grades 2-5: Basic materials and a general schedule will be provided. **Remote learning**

will be offered for core subjects if the absence is extended and related to quarantine due to COVID-19 exposure or COVID-19 illness. Remote learning will not be used for short periods of absence.

*Remote learning will **NOT** be available to students who are traveling or who are required to quarantine after air travel, unless travel was due to emergency circumstances. Please do your best to eliminate unnecessary travel during the school year that will require student absences due to a seven day quarantine expectation for unvaccinated students after out of state air travel.

- **In the unlikely event that there is a COVID-19 outbreak in a class or at the school that warrants closing a class or the school for a period of time, a class or school-wide switch to a remote learning platform will occur for grades K-5.**

SCHOOL DAY ROUTINE

Cleaning & Disinfecting Procedures

Cleaning: Deep cleaning and disinfecting of all used areas will take place each day. A CDC approved disinfectant will be used by staff to clean these areas following the directions and prescribed length of time the disinfectant is to be on the surface. Nightly cleaning by the janitorial staff will follow CDC recommendations.

Physical Distancing

Social Distancing: Students, staff, faculty, and visitors will maintain at least a 3 foot distance between themselves and others while indoors, when possible.

Classroom Configuration: Teachers will keep an assigned seating chart record with student names and locations in the classroom. There will be at least 3 feet between student desks, when possible. Any shared materials will be cleaned and disinfected often, using approved cleaning solutions.

Hygiene Practices

Hand Washing/ Sanitation: Students, faculty, and staff will wash hands whenever possible with soap and water for at least 20 seconds. All will be required to wash their hands after using the restroom, when hands get heavily soiled, and before eating, when possible. Hand sanitizer will also be provided and used in all classrooms and areas of the school.

Meals

Students will bring food from home to eat. Snacks and lunches will be eaten either outside, or in the classroom at seats with extra attention placed on distancing and reduced talking. Students will not be able to share food. Students will also be required to bring their own water bottles. They can use the water bottle fill stations to refill water bottles as needed. Drinking fountains will not be used.

Ventilation

Windows will be opened to increase ventilation as weather allows. Outdoor space will be utilized when possible. Air scrubbers will also be installed for added air filtration throughout the school.

COVID-19 ILLNESS/ CLOSE CONTACT/ EXPOSURE

All CDC and local health department guidelines and flowcharts will be followed when a student, staff, or faculty member is exposed, has close contact, or is infected.

COVID-19 Symptoms

(See Appendix B)

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

When Child Becomes Sick at School

(See Appendix B)

If a child becomes ill while at school, parents/guardians will be responsible for quick pick up of the child. Families will be required to have at least two contacts listed as people who can quickly pick up an ill child.

Returning to School After Symptoms of COVID-19

(See Appendix B)

- If a student has COVID-19 symptoms, do not attend school and plan to test as soon as possible
- If the test is negative and symptoms such as fever, diarrhea, vomiting, or other signs of communicable illnesses, such as Flu, are not present for 24 hours, without the use of fever reducing medicine, students can return to school.

Close Contact/ Exposure

- Parents/guardians are expected to notify the school immediately if their child has symptoms of COVID-19, is awaiting a COVID-19 test result, or has had close contact with a person who has tested positive for COVID-19.
- If a close contact has occurred, the student can test on day 5, and if the result is negative, the student can return to school on day 7.
- If a student has been in close contact with someone that has tested positive for COVID-19, he/she would isolate and not come to school for 10 days from the date of close contact, if not testing.
- Fully vaccinated people who have a known exposure to someone with confirmed COVID-19 do not need to be quarantined, but should monitor for symptoms and test on day 3-5 after exposure, regardless of whether they have symptoms.

Returning to School After Testing Positive for COVID-19

(See Appendix B)

- If a student or staff member tests positive for COVID-19 he/she will be directed to isolate, report case to the school, and stay home until:
At least 10 days have passed since the positive test result, at least 24 hours with no fever without fever-reducing medication, symptoms are no longer present.

Appendix A

Definitions

Close Contact: Someone who was within [6 feet of an infected person](#) (laboratory-confirmed or a [clinically compatible illness](#)) for a cumulative total of 15 minutes or more over a 24-hour period (for example, *three individual 5-minute exposures for a total of 15 minutes*). An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date), until they meet criteria for [discontinuing home isolation](#).-CDC

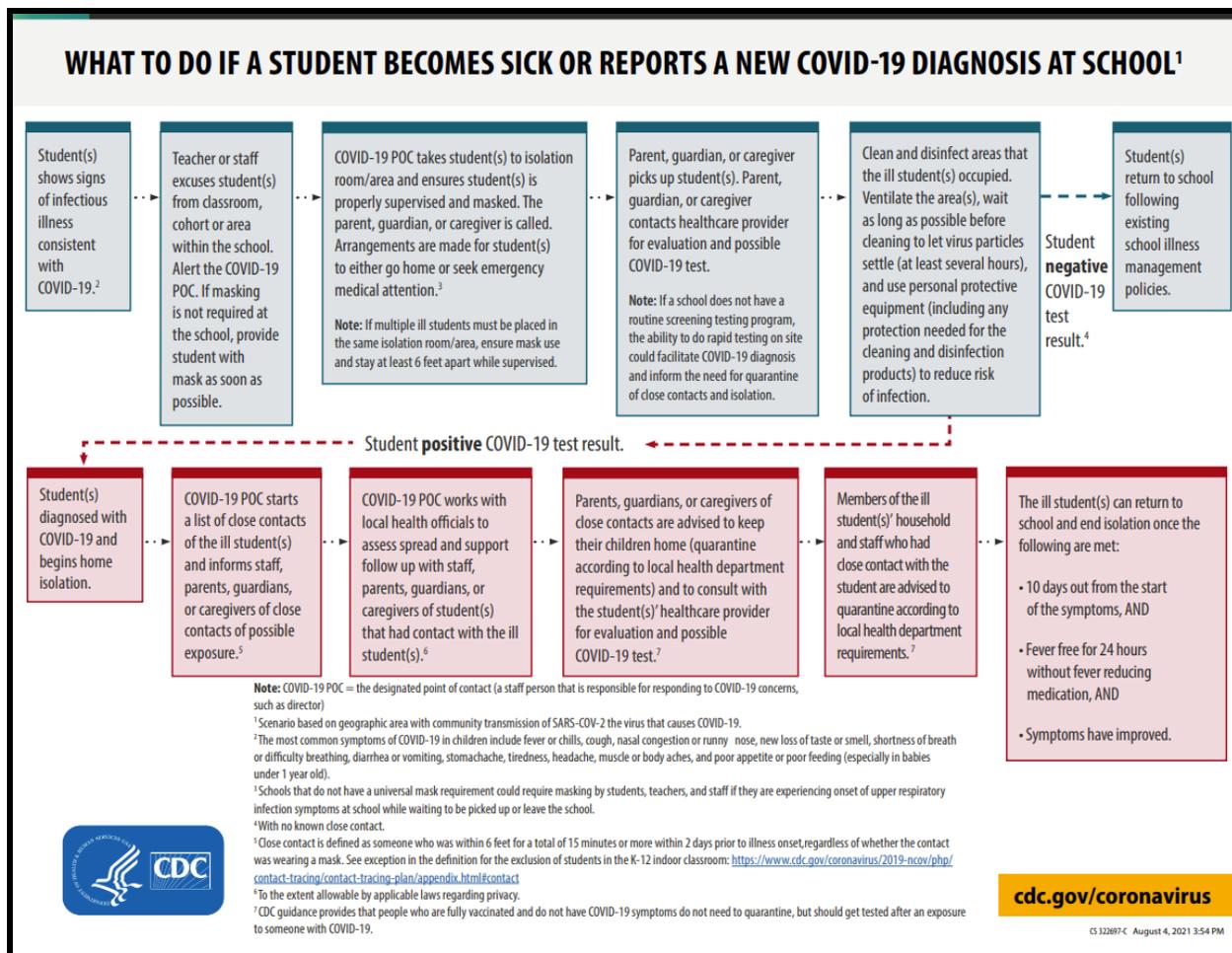
- Exception: In the K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a [clinically compatible illness](#)) if both the infected student and the exposed student(s) [correctly and consistently](#) wore well-fitting [masks](#) the entire time.-CDC

Isolation: Isolation is used to separate people infected with COVID-19 from those who are not infected. People who are in isolation should stay home until it's safe for them to be around others. At home, anyone sick or infected should separate from others, stay in a specific "sick room" or area, and use a separate bathroom (if available).-CDC

Quarantine: The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease. [Quarantine](#) may be voluntary or compelled by federal, state, or local public health order.-CDC

Appendix B

Flowcharts



<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/student-becomes-sick-diagnosis-flowchart.html>

COVID-19 CHILD CARE PROGRAM SYMPTOM SCREENING FLOWCHART

Child with Symptoms of Infectious Illness

Had close contact (within 6 feet for a total of 15 minutes or more over a 24-hour period) with a person who has COVID-19?

YES*

NO

*Note: If a person has been in close contact with someone who has COVID-19, they should quarantine even if they do not have symptoms. See [When to Quarantine](#) for more information.

Attends a child care program in community with ongoing transmission?

YES

NO

Results of COVID-19 testing?

Negative or No Test Result

Positive Test Result

Positive or No Test Result

Negative Test Result

How long to stay home?

Stay home and quarantine* for the recommended period of time after last contact with a person who has COVID-19

Stay home (isolate) for at least 10 days after symptom onset AND symptoms have improved AND 24 hours without fever with no use of fever reducing medicine

Stay home until symptoms have improved according to existing child care program policy, typically 24 hours without fever with no use of fever reducing medicine



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/schools-childcare/childcare-program-symptoms-flowchart.pdf>

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease
Control and Prevention
National Center for Emerging and
Zoonotic Infectious Diseases

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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